

not only relieve fatigue but also eliminate troubles. Excellent music art works can make people's feelings be appropriately satisfied, which is beneficial to health.

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AN ANALYSIS OF REALISTIC METAPHORS AND PHYSICAL AND MENTAL DISTRESS OF PEOPLE OF DIFFERENT CLASSES IN THE FILM ANGER OF SILENCE FROM THE ANGLE OF EMOTIONAL AND PSYCHOLOGICAL REGULATION

Mingyue Sun¹ & Jiyu Zhu²

¹Nanchang Institute of Technology, Nanchang, 330000, China

²Jiangxi University of Technology, Nanchang, 330000, China

Background: The contradiction between rural survival, ecological balance and urbanized development in the film *Wrath of Silence* builds a distinct binary opposition and is restricted by class, with different classes of people adopting different behaviors to obtain the right to survive, forming a distinct pyramidal social structure. In the psychological context, the "silence" of the bottom class is a passive aphasic dilemma is resisted fruitlessly and have to do so, while the "silence" of Chang Wannian of the emerging upper class and Xu Wenjie of the middle class elite is an active choice.

Subjects and Methods: The paper through talking about the semiotic analysis of the film, the structure of the story hidden in the text and the method of expression of the text are deconstructed from the perspectives of story, narrative time, narrative space and technique of expression. Also the details considered from the psychological perspective analysis are as follows. First, through the dual tone of the film's realism and surrealism (magic) coexistence, we examine how the film sets the style and tone of the whole film. Second, the pyramidal social structure is deconstructed through the gaze perspective of Freudian psychoanalysis. This tower-shaped stereotypical image symbol is an allusion to the contemporary Chinese scene of class confrontation and conflict of interests. The collapsed and unbalanced structure of the class groups makes the tragedy presented in the film more profound and powerful. Third, by reconstructing the time sequence of the film, the deeper meaning of metaphors in each image symbol is deciphered. The film examines the different desires pursued by people of different classes.

Results: Different from other crime suspense genre narrative films, to find the child is the starting point of the film, but not around the crime committed or crack crime to narrate. Until the end of the film, there is no specific explanation of what happened to Zhang Lei. Instead, from the Gestalt psychology about film to leave a large number blank space to the plot, through a large number of symbols and leaving blank space to the plot, so that the audience to think, to perceive who is the real villain. The film appears to be a search for children, but in fact it is the pursuit of different desires by people belonging to different classes.

Conclusions: This study focuses on the imbalance of urban-rural development through the film *Wrath of Silence*, and explores the reality of the physical and mental plight of people in China's classes, especially in the rural areas, exploring the social symptoms of the upper class's loss of attitude, the middle class's loss of morality, the bottom class's loss of speech, and the earthly disorder. This will lead to a variety of discussions on the desires and plight of different classes of people in rural of China.

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EMPLOYMENT INTENTION AND MENTAL HEALTH OF COLLEGE STUDENTS IN RURAL AREAS UNDER THE BACKGROUND OF RURAL REVITALIZATION STRATEGY

Shengmei Luo

Liupanshui Normal University, Liupanshui 553004, China

Background: Although local college students, as local high-level intellectuals, have good cultural quality and learning ability, they are faced with an extremely grim employment situation due to the current epidemic situation, it is also affected mental health. As a result, mobilizing them to work in rural areas can not only effectively solve the problem of employment, but also help promote the rural revitalization.

Methodology: In this study, a questionnaire survey was conducted on rural employment assumption, attitude, psychology, preparation and tendency of local college graduates and prospective senior students in Guizhou as the research object by means of spss22.0 for descriptive statistics and difference analysis on the questionnaire data.

Results: Local college students tend to choose the rich rural areas with good transportation conditions and good economic foundation. The majority of students are only willing to choose jobs within the system. Students have a low intention to take root in the rural areas. Such factors as gender, major, political affiliation, whether students are cadres or not, and parents' education level have significant differences on the data and mental health of whether they are willing to work in rural areas.

Conclusions: Some targeted countermeasures and suggestions were put forward from five aspects, such as strengthening the government guidance to improve the attraction of rural employment, giving full play to the leading

role of colleges and universities in improving the adaptability of rural employment, creating a good social environment to strengthen the internal driving force of rural employment, attaching importance to family education and training to promote the driving force of rural employment, and enhancing the comprehensive quality of individuals to boost the competitiveness of rural employment. To sum up, improve rural employment willingness and employment psychology.

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EXPLORING THE INFLUENCE OF ICE RINK CONDITION ON ATHLETES' MENTAL STATE AND SHORT TRACK SPEED SKATING PERFORMANCE BY MULTIPLE LINEAR REGRESSION

Mingyuan Zhao, Haixia Li, Yanrong Ke, Di Wu, He He & Liang Mu

School of Winter Olympic, Harbin Sport University, Harbin, 150001, China

Background: The ice rink condition affects the mental state of the athlete. For athletes, ice rink condition can affect how they feel and senses. When athletes are skating, ice rink conditions such as ice surface temperature, hardness, and humidity may make them uncomfortable. At the same time, the flat and smooth surface of the ice rink may also affect the athlete's sense of balance. In addition, the icy nature of the ice may also have an effect on the muscles of the athlete. During skating or skiing, the muscles may become stiffer, affecting the athlete's ability to move. In order to prove the correlation between the ice rink condition and the athlete's mental state and competition performance, a multiple linear regression was established. Discussing ice rink quality may have an impact on athletes' psychological state and competitive performance, aiming to improve ice rink condition, and provide theoretical reference for improving the competitive state and performance of short track speed skaters.

Subjects and Methods: This article takes the correlation between ice rink condition and short track speed skating elite athletes' mental state and short track speed skating performance as the research object. Through literature research and high-level short track speed skating record books such as the Beijing Winter Olympics and the World Championships in the past three years, to collect data on ice rink condition, mental state of elite athletes, and short track speed skating performance. To clean the collected relevant competition results, according to the basic characteristics of the data, use the statistical software SPSS24 to fit a multiple linear regression model. Set the mental state and short track speed skating performance as the dependent variable y , ice rink condition as the independent variable x , and fit a multiple linear regression model. Finally, the Matlab mathematical software is used for visual analysis.

Results: The Statistics show that ice rink condition is correlated with mental stability in elite athletes ($r = 0.682$, $p < 0.001$). Furthermore, the statistical results show that the ice surface temperature has a negative correlation with the women's 500m short track speed skating performance ($r = -0.136$, $p = 0.052^*$), and the indoor humidity has a positive correlation with the women's 500m short track speed skating performance ($r = 0.225$, $p = 0.017^{**}$). Other factors showed irrelevant. On this basis, a multiple linear regression model is established to judge the impact of the two on the performance of short track speed skating competitions.

Conclusions: In this paper, the method of multiple linear regression has been used to demonstrate. The results prove that ice rink condition has a certain impact on athletes' body and mind, and then affects the performance of short track speed skating competitions.

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A STUDY ON THE EFFECT OF "E-LEARNING" PLAT FORM ON THE CULTIVATION OF POLITICAL IDENTITY AND MENTAL HEALTH OF COLLEGE STUDENTS

Cheng Li¹ & Zhiwei Tang²

¹Hunan Mass Media Vocational and Technical College, Changsha, 410000, China

²Hunan Biological and Electromechanical polytechnic, Changsha, 410127, China

Background: College students are the hope and future of the nation and the country, and cultivating their political identity is not only a practical problem to which the Party and the State attach great importance, but also a theoretical issue of major concern in the field of ideological and political education. At present, with the changes of the domestic social situation and the changes of the college students themselves, there are problems of diluted ideals and beliefs and weakened political identity among college students, which fundamentally affect the overall goal of establishing moral education in colleges and universities, and it is urgent to actively carry out ideological and political education to improve the effectiveness of college students' political identity. The cultivation of political identity of college students is not only related to the healthy growth of college students, but also related to the stability and development of society and politics, so it needs to be grasped and studied in a comprehensive and multi-perspective way.